



2026 比赛规则

1. 报名

- 1.1 所有队员须就读于新加坡政府中学、高中或初级学院，并选修华文作为母语科目。免修华文的高中和初级学院学生须在中学阶段修读高级华文。
- 1.2 参赛队伍须由至少 5 名队员组成，最多不超过 12 名。所有参赛者必须是新加坡公民或永久居民。
- 1.3 参赛者必须来自同一所学校。每名参赛者只能参加一支队伍。
- 1.4 参赛队伍报名前须征得学校同意。

2. 比赛主题和音乐

- 2.1 今年的比赛主题是“正能量”。参赛队伍必须以本届比赛主题曲《让这热度再上升》作为主要编舞歌曲。参赛队伍可将主题曲进行混音编辑、重新排列，但指定主题曲必须占最终音乐长度的 30% 以上。例如：如果音乐总时长是 90 秒，主题曲必须占至少 27 秒。
- 2.2 除了主题曲，参赛队伍也可搭配其他华文歌曲，但必须使用含有华文歌词的片段。

3. 重要日期：

2026 年 4 月 17 日 23 时 59 分之前	提交报名表格和呈交舞蹈视频
2026 年 4 月 24 日	公布决赛入围名单
2026 年 5 月 4 日至 8 日	线上投票 - 最佳人气奖
2026 年 5 月 23 日	决赛（现场）
2026 年 5 月 29 日	主题曲音乐视频舞蹈工作坊
2026 年 6 月 2 日	拍摄主题曲音乐视频

4. 提交报名表格及视频

- 4.1 所有参赛队伍必须在 2026 年 4 月 17 日 23 时 59 分之前上网提交报名表格。
- 4.2 报名表格必须填写所有组员资料，使用的歌曲名称和歌手，以及舞蹈作品的名称和简介。
- 4.3 除了报名表格外，队伍还必须提交一段展示舞蹈编排的舞蹈视频，视频中的舞蹈必须体现比赛主题“正能量”。
- 4.4 舞蹈视频要求：

- 舞蹈时长：90 至 100 秒



- 一镜到底拍摄，不得剪辑

4.5 参赛队伍可选择提交一段额外的自我介绍视频，以鼓励学生多使用华语并获得加分奖励。视频中每位组员需进行自我介绍，并简要说明他们对主题或舞蹈中传达的“正能量”的理解，或分享一首与主题相关的华语歌曲、节目或语句。参赛队伍只要提交视频并完成要求，即可在预赛中获得 10 分加分。

4.6 所有报名表格和视频必须于 2026 年 4 月 17 日 23:59 前发送至 contactus@cstreetdance.sg。

4.7 所有入围决赛的队伍最迟将在 2026 年 4 月 24 日接获电邮通知。

5. 线上投票 - 最佳人气奖

5.1 入围决赛队伍的视频将通过官网开放投票。

5.2 获得最高票数的队伍将荣获最佳人气奖。

5.3 线上投票时间为 2026 年 5 月 4 日至 2026 年 5 月 8 日。用户每日能为最喜爱的 3 支队伍投票。

5.4 获奖队伍将在决赛当天公布。

6. 现场表演

6.1 决赛于 2026 年 5 月 23 日举行。舞台走位于决赛当天进行。

6.2 所有参赛队伍必须现场表演 90 至 100 秒的舞蹈编排。

6.3 参赛成员的变更或替换：队伍成员不可随意替换。如有不得已的特殊情况需要替换队伍成员，必须立即通知主办方，获批准后方可替换。

6.4 参赛队伍须自行负担服装、发型、化妆等演出开销。参赛者应确保穿着得体。如有任何疑问，可提前将服装照片发送给主办方审核批准。

6.5 进入决赛的队伍必须在决赛两周前将比赛歌曲以 MP3 格式发送给主办方。

6.6 表演时允许使用道具，但必须事先告知主办方并征得批准。表演中不允许使用液体、烟火、尖锐物体等作为道具。

6.7 表演不得含有粗俗、淫秽、冒犯性的内容、语言或动作，也不可涉及宗教、政治与其他敏感内容。

6.8 参赛队伍在决赛当天抽签决定出场次序。

6.9 决赛当天，缺席或迟到的队伍将被取消参赛资格。

7. 评分标准

7.1 比赛由主办方指定的评审团评分。评审团的决定为最终决定，所有参赛队伍必须无条件接受评审团的裁决。评审标准和分数分配如下：

评分标准	百分比
对歌词的理解能力 <ul style="list-style-type: none"> 能否准确掌握歌词内容与情绪 表演是否契合歌词所传达的意义 动作、表情与歌词主题是否一致 	25%
主题呈现 <ul style="list-style-type: none"> 是否清晰表达作品主题 编舞、音乐与团队整体表现是否围绕主题 故事性或立意是否连贯、有说服力 	25%
创意与编舞设计 <ul style="list-style-type: none"> 舞步设计是否具有原创性 编排结构是否丰富、有层次 	20%
整体视觉效果 <ul style="list-style-type: none"> 服装、造型、道具使用 队形、空间运用 整体呈现是否完整、有亮点 	15%
动作完成度与整齐度 <ul style="list-style-type: none"> 动作是否准确到位 舞蹈技巧运用是否熟练 情绪与力度表达是否一致 	15%
总分	100%

7.2 为了鼓励学生更多使用华语，我们设计了以下新的**加分项目**：

	加分标准	分数
预赛	请参阅第 4.5 条。	10 分
决赛	所有组员在 舞蹈开始前 做自我介绍以及分享他们个人对“正能量”的理解，或希望在表演中传递的正能量类型。组员也可以	10 分



	选择分享他们认为能够体现或传递正能量的华语歌曲、节目或语句。	
	队伍呈现一段介于 20 至 30 字的原创华语队呼，即团队的口号。	10 分

8. 题曲音乐视频

8.1 所有符合比赛资格的参赛者都可以报名参与本届比赛主题曲的音乐舞蹈视频录制。

8.2 有兴趣参与录制的参赛者必须参与以下的活动：

- 主题曲舞蹈工作坊- 5 月 29 日，下午 3 时至 5 时
- 音乐舞蹈视频录制- 6 月 2 日，上午 9 时至下午 5 时

9. 其他规则

9.1 每位参赛者在报名参赛的同时，即代表其已确认自己身体健康状况能够满足比赛要求，不会因其参赛而影响自己或他人的身体健康与生命安全。

9.2 比赛期间，参赛者须遵守主办单位的指示和要求。如有疑问，应及时询问主办方。

9.3 主办单位拥有在活动期间拍摄的照片或影片的所有权，并可将其用于主办单位的营销和出版材料。使用这些照片和影片无须征求参赛者的同意。

9.4 主办方可能会收集和使用参赛者个人信息，并会根据比赛行政安排方面的需要与主办当局官员、职员、指定服务供应商、附属机构和合作伙伴分享这些信息。

9.5 主办方有权更改比赛时间和地点。

9.6 主办方、合作伙伴和赞助商无须对参赛者因参加比赛或在准备比赛的过程中所遭受的任何损失或伤害承担任何责任，除非参赛者在比赛的任何阶段造成的生命或财产损失、损害或伤害是因主办方、合作伙伴或赞助商的疏忽而造成的。

9.7 主办方无须承担参赛者的任何费用。

9.8 主办方有权在未提前通知的情况下修改比赛规则和条款。

9.9 参赛者在报名参赛的同时，均视为同意并允许主办方今后发送相关或其他活动的讯息。

9.10 上述规则均受新加坡法律约束。



2026 RULES & REGULATIONS

1. Eligibility

1.1 Open to all Secondary, MI and JC students studying Chinese as Mother Tongue Language. For JCs and MI, students who are exempted from taking Chinese must have studied Higher Chinese in secondary school.

1.2 Team may consist of 5 (minimum) to 12 (maximum) members. Team members must be Singaporean/PR.

1.3 All team members must be from the same school. Each individual may only participate in one team.

1.4 All teams must seek approval from their school before participating in the Competition.

2. Competition Theme and Music

2.1 This year's competition theme is 'Positivity'. Participating teams must use the official competition theme song 'Let the Heat Rise' as the primary track for their choreography. Teams may remix or rearrange the theme song, but the designated theme song must account for at least 30% of the final music length. For example, if the total music length is 90 seconds, the theme song must be at least 27 seconds.

2.2 In addition to the theme song, participating teams may also use other Chinese songs, but they must incorporate segments with Chinese lyrics.

3. Important Dates

By 17 April 2026, 2359hrs	Submit the registration form online and dance video via email
24 April 2026	Groups shortlisted for the final will be notified via email
Between 4 and 8 May 2026	Online Voting for Most Popular Team Award
23 May 2026	Final (Physical event)
29 May 2026	Theme Song Music Video Dance Workshop
2 June 2026	Filming for Theme Song Music Video

4. Registration Form and Video Submission

4.1 All participating teams must complete and submit the online registration form and dance video by 17 April 2026, 23:59.

4.2 The registration form must include the details of all team members, the title and artist of the song used, as well as the title and a short write-up of the dance performance.

4.3 The dance video must showcase the dance choreography and portray the competition theme of 'Positivity'. **The dance video is mandatory.**

4.4 Requirements for the dance video:

- ◆ Duration: Between 90 and 100 seconds



- ◆ Format: One continuous, unedited one-take video showcasing the choreography.

4.5 Participating teams **may choose to submit an additional self-introduction video** to encourage students to use more Chinese and earn bonus points. In the video, each team member should introduce themselves and briefly explain their interpretation of the theme or the type of 'positive energy' they aim to convey through their dance. They may also share a Chinese song, show, or phrase that represents the theme. The team will earn **10 bonus points for the preliminary round** if they submit the video and fulfil the requirements.

4.6 All registration forms and videos must be emailed to contactus@cstreetdance.sg by 17 April 2026, 23:59 hrs.

4.7 All finalists will be notified via email by 24 April 2026.

5. Online Voting – Most Popular Team Award

5.1 The videos of the finalist teams will be available for voting on the official website.

5.2 The team with the highest number of votes will receive the Most Popular Team Award.

5.3 The online voting period will take place from 4 May 2026 to 8 May 2026. Users can vote for their top 3 favourite teams each day.

5.4 The winning team will be announced on the day of the final.

6. Final

6.1 The final will be held on 23 May 2026. The stage blocking will take place on the day of the final.

6.2 All participating teams must perform a 90 to 100-second dance choreography live on stage.

6.3 Changes or replacements of team members: Team members cannot be replaced. For circumstances beyond the control of the team member(s), if a team member needs to be replaced, the Organisers must be immediately notified, and replacement will be subject to approval.

6.4 Participating teams are responsible for their own expenses related to costumes, hairstyles, makeup, etc. Participants should ensure they are appropriately dressed. If there are any doubts, costume photos can be sent to the Organisers in advance for review and approval.

6.5 Music Requirements: Teams advancing to the final must send the competition song in MP3 format to the Organisers at least two weeks prior to the final.

6.6 Props are allowed during the performance, but prior notification and approval from the Organisers are required. The use of liquids, fireworks, sharp objects, or any hazardous items as props is prohibited.

6.7 Performances must not contain vulgar, obscene, or offensive content, language, or actions. Additionally, no religious, political, or other sensitive topics may be included.

6.8 The performance order for the final will be determined by a draw on the day of the event.

6.9 Participants who do not turn up or are late for the competition will be automatically disqualified from the competition.

7. Judging Criteria



The competition will be judged by a panel of judges appointed by the Organisers. The panel's decision is final, and no appeals or queries regarding this will be entertained. The judging criteria and score distribution are as follows:

Judging Criteria	Scores Allocation
Interpretation of Lyrics <ul style="list-style-type: none"> ▪ Accurate grasp of lyrics and emotion ▪ Performance matches lyrical meaning ▪ Alignment of movements and expressions with the lyrical meaning 	25%
Theme Presentation <ul style="list-style-type: none"> ▪ Clarity in expressing the intended theme ▪ Choreography, music, and overall performance revolve around the theme ▪ Narrative or concept is coherent and convincing 	25%
Creativity & Choreography <ul style="list-style-type: none"> ▪ Originality of dance movements ▪ Choreographic structure is rich and layered 	20%
Overall Visual Effect <ul style="list-style-type: none"> ▪ Use of costumes, styling, and props ▪ Use of formations and spatial dynamics ▪ Overall presentation is complete and visually impactful 	15%
Execution & Synchronisation <ul style="list-style-type: none"> ▪ Accuracy of movements ▪ Proficiency in dance techniques ▪ Consistency in emotion and energy 	15%
Total	100%

7.2 To encourage students to use more Chinese, we have designed the following new **bonus items**:

	Item	Bonus points
Preliminary round	Please see Section 4.5.	10 points
Final	Before the dance, each team member is required to introduce themselves and briefly explain their interpretation of the theme or the type of "positive energy" they aim to express through their dance. They may also share a Chinese song, show, or phrase that represents the theme.	10 points



	Teams must present an original Chinese team cheer consisting of 20 to 30 characters. All team members must perform the cheer together.	10 points

8. Theme Song Music Video

8.1 All eligible participants may register to participate in the filming of this year's theme song music video.

8.2 Participants interested in joining the recording **must** attend the following activities:

- Theme Song Dance Workshop – 29 May 2026, 3pm – 5pm
- Music Video Filming – 2 June 2026, 9am – 5pm

9. General Terms & Conditions

9.1 By participating in the Competition, each Participant represents and warrants that he/she is physically and medically fit to participate and has no physical or medical condition that would make his/her participation unsafe or dangerous to him/her or to others.

9.2 Participants agree to comply with all instructions and requests made by the Organisers at all times during the Competition. If in doubt, Participants should seek clarification from the Organisers.

9.3 The Organisers reserve the right to use any photographs or films taken during the event for use exclusively in the Organiser's marketing and publication materials, without obtaining further consent from all participants.

9.4 The Organisers may collect, use and/or disclose each Participant's personal information to their officers, employees, appointed service providers, affiliated organisations and event partners, only for the administration of the Competition and all matters arising thereunder.

9.5 The Organisers reserve the right to change the time and venue should the need arise without prior notice.

9.6 The Organisers, partners and sponsors shall be under no liability whatsoever to the participants, in respect of any loss, damage or injury suffered by the participant arising from or pursuant to his/her participation in the competition or for any loss, damage or injury to life or property sustained by the participant at any stage of the competition, unless such loss, damage or injury is caused by the Organiser's, partners' or sponsor's gross and wilful negligence.

9.7 The Organisers will not be held responsible for any expenditure incurred by any participants of the competition.

9.8 The Organisers reserve the right to amend the rules and regulations without prior notice.

9.9 By signing up for this competition, you agree to receive promotional emails from the Organisers in the future.

9.10 These Terms and Conditions shall be governed by and construed in accordance with the laws of Singapore.